

APPENDIX F

Resource List

A starting framework for building your church's local crisis and referral network.

CRISIS RESOURCES (U.S.)

988 Suicide & Crisis Lifeline — Call or text 988 · Chat at 988lifeline.org

Emergency Services — Call 911

1 Types of Local Resources to Identify

Each church should maintain a list of:

- Certified Biblical counselors
- Christian counselors
- Psychiatrists/Licensed Counseling Services
- Crisis centers
- Hospitals

2 Building Your Local List

For each resource, include:

NAME	CONTACT INFORMATION	AREA OF SPECIALTY	NOTES ON AVAILABILITY

3 Additional Support Options

- Support groups for depression or grief
- Suicide loss survivor groups
- Pastoral counseling networks

4 A Practical Recommendation

Assign a leader to:

- Maintain and update this list regularly
- Build relationships with trusted providers

FINAL ENCOURAGEMENT

These tools are not meant to replace discernment, eliminate complexity, or guarantee outcomes. They are meant to support faithful, wise, and compassionate care.

You will still need prayer, wisdom, and patience. But you will not be starting from nothing.